



## **2 Year Old Potty Training Policy**

Potty training, like all things childcare related, must be a collaborative effort between parents and teachers. Once you feel your child is ready to begin potty training in the classroom (preferably once you have begun at home for no less than 2 days) we can also begin potty training at school. Below you will find our policy for potty training in your child's classroom. This will outline how we will work along side you to ensure your child's success with potty training.

### **Is Your Child Ready? Verbal/Physical/Psychological Signs of Readiness**

- Child tells you they need to go to the bathroom (recognizing sensation)
- Child tells you and is able to recognize when they have a wet/soiled diaper, recognizes that they are wet.
- Stays dry for longer period of time, appearing to hold/have control of bladder.
- Initiates interest in using the potty and asks to go.
- Child is able to follow three and four step instructions (important when learning to urinate/move bowels, wipe themselves and wash hands).
- Shows a willingness to want to sit on the potty and understand its function.

### **Clothing/Potty Training Supplies**

- Clothing that is easy to get off and on (no onesies, snaps, buttons, etc.). Elastic waistbands help give the child a sense of accomplishment as they work on this skill.
- Pull ups are required during potty training time but use of training underpants/underwear is at the discretion of the parents. (OLA can require pull ups instead of underwear if accidents are frequent).
- No less than 3 changes of clothes in backpack each day.

### **Potty Training in the Classroom**

- Teachers will take the child to the bathroom no less than twice an hour in beginning stages to help encourage use of bathroom and understanding of potty process. Teachers will also take child when they notify that they need to use the bathroom. Once child is considered fully potty trained bathroom break times can lessen to taking the child once per hour as well as when they say/indicate they need to use the bathroom.
- Working with children to pull clothing, pull up/underwear down and up.
- Wiping/cleaning themselves after using the bathroom.
- Flushing the toilet
- Hand washing after using toilet.
- Positive reinforcements will be used in the classroom to incentivize and reward potty training successes. **Positive reinforcements must be continued at home to maintain consistency and success in the classroom.**
- Proper communication with parents regarding accidents and progress with potty training.
- Potty training must be happening at home along side efforts at school or we will not be able to maintain/continue efforts in the classroom.

**\*\*Acknowledgement of this handbook is required on the registration paperwork for all students. \*\***